

# Coastal Health Group

## THERAPY REFERRAL

### The Intuitive Counseling Center

Contact number: 305-333-0181  
Email: [intuitivecounselingcenter@gmail.com](mailto:intuitivecounselingcenter@gmail.com)  
Address: 1533 Sunset Dr. Suite 215 Miami, FL 33143  
Notes: Call for rates

### Behavioral Therapy (ABA Therapy)

Contact number: 786-206-6500 (Miami-Dade)  
954-289-0111 (Broward)  
Email: [info@behavioralfamilysolutions.com](mailto:info@behavioralfamilysolutions.com)  
Specialty: Behavioral Therapy  
Notes: Services for children

### Tammy Berman LMHC, NCC

Contact number: 954-933-5642  
954-477-7455  
Website: [mycounselingconnections.com](http://mycounselingconnections.com)  
Specialty: Divorce, Depression, Coping Skills  
Notes: DBT Therapy

### Rachel Smith LMFT, CST

Contact number: 754-219-8274  
954-488-2234  
Website: [infiniteintimacytherapy.com](http://infiniteintimacytherapy.com)  
Specialty: Sex Therapy, Relationship Issues, Marital and Premarital Issues

### Lexa Goldman LMHC, LMFT

Contact number: 954-278-9680  
954-951-2929  
Email: [lexa@cwcsf.com](mailto:lexa@cwcsf.com)  
Address: 11011 Sheridan ST, STE 211 Cooper City, FL 33026  
Specialty: LGBTQ+, Self-Esteem, Transgender

### Sarah Helman LMHC, NCC

Contact number: 407-496-8263  
Email: [sarah.helman.lmhc@gmail.com](mailto:sarah.helman.lmhc@gmail.com)  
Specialty: LGBTQ+ Issues, Transition, Couples Counseling, Mood Disorders, Anxiety  
Notes: Call for rates

### Buxani Counseling Care

Contact number: 786-808-HOPE  
Email: [admin@buxanicare.com](mailto:admin@buxanicare.com)  
Address: 12651 South Dixie Hwy, Suite 402. Pinecrest, FL 33156  
Specialty: Family Conflict, Marital Issues, Children